GAIL GAZELLE, MD
Keynote speaker

♦ Are the challenges in healthcare leaving your people beleaguered and downtrodden?
♦ Have your clinicians lost their North Star of meaning, purpose, and satisfaction?
♦ Want to demonstrate your commitment to wellness by providing a compelling and motivating session with just the right blend of science and practical measures?

An experienced physician supporting experienced physicians

As a physician and Harvard faculty, Dr. Gail Gazelle embodies the exact tone physicians relate to and engages audiences with insight and humor. Widely recognized for her combination of science, experience, and practical know-how, Dr. Gazelle is a seasoned physician and an expert on physician burnout, leadership development, and building resilience.

With deep comprehension and empathy, she weaves together case examples, experiential learning, humor, and engaging Q&A to offer validation, hope, and insight. Drawing upon neuroscience-based strategies in mindfulness and resilience, your clinicians get the practical tools necessary to navigate the challenges and stress in healthcare. Dr. Gazelle creates a unique learning environment where clinicians leave feeling refreshed and empowered, with renewed optimism about their ability to sustain meaning and satisfaction in their work.

With Dr. Gazelle as your keynote or workshop speaker, your audience will gain:
♦ Tools and actionable steps to conquer burnout in one’s self and one’s colleagues
♦ A more effective approach to work-life balance
♦ Improved morale and engagement, leading to reduced attrition
♦ Better communication skills and empathy with colleagues and patients
♦ Greater resilience towards daily pressures and stress

Keynotes, Presentations, Workshops, Retreat topics:

★ Building Your Resilient Self®: Practical Tools to Move From Physician Burnout to Balance
★ The Mindfulness Prescription for Burnout: From Neuroscience to Bedside
★ From Surviving to Thriving: A Blueprint for Career Fulfillment
About:
Gail Gazelle, MD is a hospice physician, a master executive coach for physicians, and an inspiring and dynamic speaker. A part-time Assistant Professor of Medicine at Harvard Medical School, her passion is helping physicians learn the resilience skills they need to thrive in today's complex healthcare environment.

Featured in such venues as O the Oprah magazine, CNN, and the Physician Leadership Journal, she brings practical skills and hope to clinicians. Dr. Gazelle is the author of Building Your Resilient Self: 52 Tips to Move from Physician Burnout to Balance, and the 2013 Harvard Health Guide Mindfulness Support for Alzheimer’s Caregivers.

As our keynote, Dr. Gazelle was a dynamic, warm, energizing and thoughtful speaker, with a terrific sense of humor. I highly recommend her as a speaker for any professional conference.

-Ira L. Skolnik, MD, PhD
President, Massachusetts Academy of Dermatology

Dr. Gazelle’s workshop at the national American College of Physicians conference was impressively oversubscribed for the second year in a row. Dr. Gazelle engaged the audience effectively, providing practical and well-received tips on how to build resiliency. The high level audience participation demonstrated Dr. Gazelle’s dynamic presentation style and how well the topic resonates with physicians.

-Bill Schweickert, MD
American College of Physicians

“Thank you, thank you, thank you for your keynote lecture. Your ability to engage and resonate with physicians is amazing. I give you my highest praise and would recommend you not only to physicians but to any group engaged in any facet of healthcare.”

-Lou DiLillo, MD
Chief Medical Officer, Northeast Hospital Organization

“A Harvard Medical School Guide
Mindfulness Support for Alzheimer’s Caregivers
Dr. Gail Gazelle
Regenetics®

“Dr. Gazelle provided a fantastic keynote address on resilience for our Women’s Leadership Conference. She is a very gifted speaker with an engaging, insightful, yet down-to-earth style that energized the group in a way that set the perfect tone for the day. Given her versatility and expertise, I highly and confidently recommend Dr. Gazelle as a keynote for other programs of any nature.”

-Helen Cajigas, MD
Massachusetts Medical Society

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“When taught practical and easy-to-use resilience tools, physicians are much better able to weather all of the stress and challenge in healthcare.”

-Schedule Dr. Gazelle to speak to your group or organization
Dr. Gazelle has been featured in many media venues.

www.GailGazelle.com